

## Program Description

Mental Health/Leadership/Resiliency/Anti-Bullying/Inspiration/Empowerment

### **Reduce and Prevent Bullying Today**

*A practical approach to getting rid of bullies in your school*

We all have dealt with a bully at some point or another in our lives and many times, they are harmless. But in today's virtual society filled with social media and online interaction, bullying is no longer a joke – it's an epidemic. Tragically, the research shows bullying is causing suicides and this huge problem needs to be dealt with immediately. Jeff Davis is here to help you, your school, and your faculty, staff & administration. This impactful program is needed now more than ever. Here are the key takeaways:

- Telltale signs of bullying from both the person being bullied and the person doing the bullying
- How to handle a bully without egging them on or taking their bait in a way that makes them stop
- What to do when s\*\*\* hits the fan and the bullying situation seems to be out of control
- Techniques to prevent bullying
- What needs to be done to put an end to bullying once and for all

The stories, experiences, examples, and research that Jeff presents are raw, real, and extremely helpful. Many school administrators in both the American and European school systems have said that this is one of the most useful presentations they have ever heard in their lives. The power in this program is its relevance – Jeff has been working with, coaching, and assisting administrators, teachers, and students deal with bullies for the last fifteen and a half years.

**Value to Participants:** Jeff will empower administrators, faculty, staff, teachers, student leaders, and students to effectively deal with bullies. Equally as importantly, members will walk away understanding the root causes of bullying and how to prevent more unwanted episodes from happening in the future. Participants will be armed and equipped with a toolkit of practical strategies to disarm and eventually change bullying behavior in their school or organization. Bullying might never 100% go away, but it certainly can be reduced, contained, and effectively dealt with.

**Biography:** Jeff Davis, Professional Speaker, Award-Winning Author, Anti-Bullying Advocate & Expert – is Chairman and CEO of Jeff Davis International, based in Tampa Bay, Florida. Jeff graduated from McDaniel College with high honors. He went on to receive his Master's degree from Johns Hopkins University and has worked for companies across multiple continents. Jeff has dealt with bullies his whole life, but came out on top by effectively applying the strategies that he shares with his audiences. His featured article on the popular Tiny Buddha site, [\*Dealing with Bullies: How to Cope When People Are Cruel\*](#), went viral. Jeff's talks are transformational, motivational, inspiring, and filled with relevant content – he uses his experiences and other people's experiences of overcoming severe bullying, coupled with insightful research, to show that nearly anyone can heal. Jeff frequently appears on the world's top podcasts. He's also a TEDx speaker and Forbes contributor. He looks forward to working with you and your group. Let's solve this challenge together.