

## Jeff's Online Speaker and Consultant Information Kit

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**Jeff Davis**

*Mr. Mountaintop*<sup>®</sup>

**Jeff Davis**, a.k.a. *Mr. Mountaintop*<sup>®</sup>, is an internationally respected authority on travel, professional development, and practical business skills. He is a consultant, traveler, time management expert, budget travel master, and author. He graduated from McDaniel College with a B.A. in Economics and Mathematics, receiving all-college Honors and Honors in Economics while playing Division III baseball. He went on to receive his M.S. Finance degree from Johns Hopkins Graduate School of Business, completing a two-year program in one year while working and writing a book. He has worked with fascinating and top-notch companies in Connecticut, Maryland, and Budapest, Hungary, from start-ups and County Government to a Fortune 500. He has a gift for connecting with audiences and he has demonstrated ability to positively affect others.

Jeff has worked with youth groups, colleges and universities, non-profits, businesses, and various organizations, leading them from the valley to higher levels of personal achievement, satisfaction, and fulfillment. He teaches practical strategies on how to handle difficult situations, better manage time, lead from within, simplify work tasks and life, develop and maintain greater communication and customer service skills, and make the right life choices. He also has expertise in budget travel and the college selection process.

He has traveled extensively in North America and to countries in Europe, Asia, and Central America. He lived in Europe for a year and has been to 51 countries so far. His first book came out in July of 2014, called *Traveling Triumphs: The Improbable in Budapest and Beyond* (publisher: Wunderlannd Press), about his epic voyages across the world. Jeff is a dynamic, engaging, and results-oriented speaker and trainer who has spoken internationally numerous times, most recently in Kuala Lumpur, Malaysia.

Jeff teaches and inspires the action steps needed to get better and improve. The organizations he works with experience realizations that make sense. He worked with some of the world's top experts and has lived what he learned – his action strategies are incredibly powerful and helpful. Members can begin implementing these tips immediately.

**Want to see Jeff in action? Contact Jeff or go to [www.jeffdspeaks.com](http://www.jeffdspeaks.com)**

Jeff Davis International, LLC NEWTOWN, CT

PHONE: 203.837.0902 | TOLL FREE: 1.800.315.4832 | EMAIL: [JEFF@JEFFDSPEAKS.COM](mailto:JEFF@JEFFDSPEAKS.COM)

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CONSULTANT | TRAVELER | SPEAKER | AUTHOR

Reaching the  
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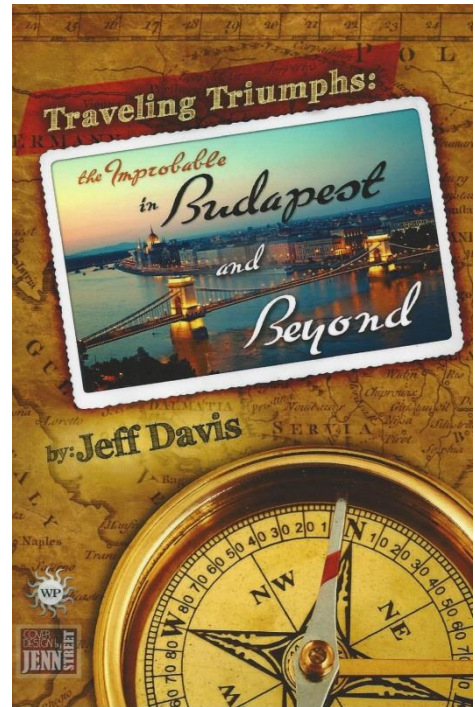
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## About the Book

In *Traveling Triumphs: The Improbable in Budapest and Beyond*, Jeff Davis, world-renowned traveler and keynote speaker, shares a story that many have said to be incredibly epic. Tired of letting other people's limitations and judgments affect him, he broke free of the norm and found the opportunity in his setback by studying abroad. His year in Europe is a time he will never forget, filled with ups and downs, trials and tribulations, joy and pain, and love and heartache.

This is an enlightening and inspiring guide that offers the reader numerous tips, life lessons, and knowledge that will help one succeed not in only their travels, but in work and life. Achieving success is possible if you are willing to keep moving forward and truly be yourself.

Jeff Davis is one of the world's experts in travel, change management, time management, and crisis management, all skills he had to apply while traveling the world. He ties some of the stories in this book into his keynote presentations because they help audience members get ahead in all areas of career and life.



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PHONE: 203.837.0902 | TOLL FREE: 1.800.315.4832 | EMAIL: [JEFF@JEFFDSPEAKS.COM](mailto:JEFF@JEFFDSPEAKS.COM)

## Overview of Presentation Topics for Corporations, Non-profits, and Other Professional Organizations

These are Jeff's most requested keynote presentations when it comes to presenting to all different kinds of professional audiences. These programs are filled with information, knowledge, and practical tips:

### **Managing Time at The Mountaintop**

In this dynamic and engaging presentation, Jeff Davis shares the skills and strategies needed to successfully master the use of one's time. In today's world of increasing distractions, it is more essential to value one's time than ever before. Key areas covered include:

- Learning to simplify activities, tasks, and obligations
- Streamlining work tasks, improving productivity, and reducing stress
- Strategies to make extra time in your day
- Clarifying your work goals and taking the next steps to making an impact on your organization

### **Travel the World on a Budget and Do The Improbable**

In this powerful and impactful presentation, Jeff Davis discusses ways in which you can further explore your city, state, country, and world on a low budget while creating spontaneous and exciting adventures. Taken from Jeff's experiences living overseas and traveling the world, he provides members with valuable budget travel content and knowledge. This presentation will cause you to rethink what's possible when it comes to traveling. Key areas covered include:

- How to cut back on expenses and save for your next adventure
- Why you don't need to wait to travel
- Industry tips, secrets, and advice to help you save money while on the road
- Easy and practical ways to meet locals while traveling (or at home) and create the experience of a lifetime
- Most important and life-changing lessons learned while traveling

*Note: This talk is also frequently given to college students*

### **Lead From Within**

Leadership is not what you may think it to be. In this encouraging, purposeful, and high-energy presentation, Jeff Davis shares powerful techniques to help audience members become better leaders in both their personal and professional lives. Key areas covered include:

- What it really means to lead with integrity and courage

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- The dos and don'ts of true leadership
- Ways to inspire others and be a great example while being humble
- How to lead teams, organizations, and groups when times and situations are especially tough

## Building World-Class Customer Service Agents

Customer service is a crucial and much-needed skill in today's ever-competitive landscape. In order to outpace the competition and stay ahead of the curve, your organization needs the most up-to-date knowledge, skills, and techniques when it comes to dealing with all sorts of different customers. Key areas covered include:

- Learning to consistently apply world-class customer service techniques
- Tricks to effective handling of difficult and "problem" customers
- The secrets to developing and maintaining customer loyalty
- How to implement best practices across your entire organization

## Embracing Change From the Mountaintop

Unfortunately (but after this presentation, fortunately), the only constant is change. Members will learn to embrace and run with change in productive, career-affirming, and empowering ways. With change occurring at a dizzying pace, the strategies in this program will help your organization effectively deal with different kinds of change. Key areas covered include:

- The difference between positive and negative change and why most change is positive
- Key elements of the change process members need to understand
- How to navigate through the change process without feeling overwhelmed
- Ways to use change as a growth opportunity and ensure ongoing productivity

## Optimize Your Online Presence

Whether it be your company website or your own website, we all need improved online presence and performance. Cody Young and Jeff Davis have worked in business consulting, advertising, web design, search engine optimization (SEO), and AdWords for many years. This eye-opening presentation will show you exactly what you need to take your website to the next level. Key areas covered include:

- The difference between local and global SEO
- Key elements of both on and off-page SEO
- Navigating through web design processes and tying it into excellent AdWords campaigns

*Please note: This is a list of Jeff's most popular keynote presentations. He also speaks on several other important corporate and professional topics. For more information, please visit [www.jeffdspeaks.com](http://www.jeffdspeaks.com) and/or contact Jeff directly.*

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## Overview of Presentation Topics for Students

These are Jeff's most in-demand topics when it comes to working with students, student leaders, and schools of all different kinds. They are available through keynote, sessions, workshops, mentoring, conferences, meetings, general discussions, and other formats:

### **Setting Yourself Up to Reach Mountaintop Success After College**

Students are incredibly busy and distracted with their hectic schedules and lack the time, resources, or knowledge required to set themselves up to achieve success after high school. They only have bits and pieces of the puzzle. Using his experiences, Jeff shares the whole picture with students so they can apply what they learn and achieve life-altering results. This hard-hitting program benefits students at any point in their academic journey. Participants will learn:

- The single biggest obstacle most students face and how to avoid this trap
- To use short-term delays and roadblocks as stepping stones rather than experiencing them as stumbling blocks
- Goal-setting tips to take students from where they are to where they want to be
- To infuse their life's purpose into each and every activity
- Strategies to avoid distractions and keep moving forward

### **Successfully Balancing School, Extracurriculars, and Life**

Balancing work, school, and life is something we all struggle with at one point or another. Students today face difficult challenges with increasing workloads, higher expectations, busy social lives, and a never-ending list of extracurriculars. This leaves students with more overwhelm and little time to relax, reflect, and truly recharge. Jeff Davis graduated college with 155.5 credits, 27.5 more than what was required. Jeff left McDaniel with all-college Honors as well as Honors in his major of economics and he did this while playing Varsity baseball. His outstanding achievements in college and his ability to be a well-rounded student and person led him to getting into (and graduating from) a world-class Master's degree program at Johns Hopkins University. He did all of this with little to no stress. Jeff knows what it takes to balance an insane amount of demands and priorities and looks forward to conveying this applied knowledge to students so they can get ahead of the curve. Participants will learn:

- Powerful ways to identify top priorities in order to focus on what's most important
- Practical tips to bring action-packed schedules back into balance for greater peace and enjoyment of their daily life
- How to create more downtime for themselves even when they have a lot going on
- Five ways students can permanently adjust and alter their out-of-school lives

Jeff Davis International, LLC NEWTOWN, CT

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## For Athletes: How To Win On and Off The Field

Student athletes deal with a multitude of pressures as they are driven to succeed both on the field and in the classroom. Jeff knows this issue well, having played sports through college. In this enlightening and dynamic presentation, Jeff pulls back the curtains and shows what it takes to get the job done on the field *and* in the classroom. Speaking directly to student athletes and connecting with the kind of stressors they face, participants will learn:

- The two biggest reasons why they are not succeeding in the classroom and what they can do to change their results immediately
- Practical tips to decrease stress and unclutter their life so they have more time to have fun and practice their sport
- How to master their time so that they can get more done in less time
- Three keys to translate on-the-field success to off-the-field success
- How to implement visualization techniques to achieve peak performance on and off the field

## Minimizing Distractions and Better Managing Your Time For Ongoing Academic Success

Time management is life management and is perhaps the most valuable skill anyone can possess. Jeff Davis has read countless books and articles on time management and he applied what he learned. Jeff finished a two-year Master's degree program in one year flat, the fastest person to complete the program in the history of Johns Hopkins Graduate School of Business. At one point in time, Jeff took five classes simultaneously, nearly twice as many classes as the full-time students were taking. But Jeff wasn't just a student. While going to graduate school he worked for the Charles County Government, wrote and published his first book, traveled to new countries, and somehow made time for friends and family. This was all while he spent countless hours networking, growing his business, and finding a publisher. This is applied, practical knowledge that Jeff looks forward to sharing with students. Learning these skills at a young age will help these students for the rest of their lives. Participants will learn:

- How to simplify activities, tasks, and obligations
- How to streamline homework and assignments, double productivity, while reducing stress
- To clarify goals and optimize next steps
- Techniques to stay energized, joyful, focused, and motivated to complete anything
- What students need to do in order to achieve more in a month than most people achieve in *years*
- The trick to defeating procrastination

Jeff Davis International, LLC NEWTOWN, CT

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## **Student Leaders: Becoming a Leader Others Will Follow**

Leadership is a topic misunderstood by many. Today, more than ever, young leaders are needed in families, in the classroom, and in extracurricular activities. This relevant and useful presentation will give students everything they need to become true leaders. Participants will learn:

- The different kinds of leaders and how to figure out what kind of leader they are
- That leaders are not born, they are made
- Leadership strategies, skills, and practical techniques that students can carry with them for the rest of their lives
- How to become a student leader in the face of adversity and setbacks

## **The Mountaintop Way of Life: Responding Appropriately to Naysayers and Bullies**

This is a powerful presentation designed to decrease bullying and foster an environment of kindness, collaboration, and friendliness. This heartfelt discussion is based on Jeff's experiences of being bullied and how he came out on top. The challenge that Jeff addresses is that bullying isn't just about mean comments – it goes far deeper than that. Bullying includes false friends, being stabbed in the back, being pushed around, being lied to, and many other deceitful tactics. Here are the key points addressed in this highly relevant program:

- Some of the biggest misconceptions about bullying and why bullying, in itself, inadequately describes the real problem going on in schools today
- How to properly and powerfully respond to the meanest, nastiest people
- What to do when the chips are down and it feels like there is no way out
- Ways to stand up for other students when you notice they are being unfairly picked on
- Practical strategies to deal with and reduce bullying
- Tips to increase awareness and sensitivity (some students may not be fully aware they are indirectly participating in bullying)
- For bullies: giving them strong reasons to change their ways without offending or upsetting them

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## Reducing Irrational Student Decisions: Getting Past Suicidal Thoughts

Suicide is a topic that Jeff takes *very* seriously. He knows what it's like to be knocked down by life and has experienced rock bottom. Studies show that suicide is the second-leading cause of death among students. Unfortunately, one in ten students have considered suicide in the past year. Here's what Jeff talks about through valuable stories and insights:

- How he dealt with the very serious feeling of wanting to kill himself after experiencing a series of unwanted setbacks, and strategies to move beyond these feelings
- Essential tips to get through the dark night of the soul, a night that is coming to students more frequently and at a younger age
- Within the context of his own journey out of the darkness, he discusses ways to successfully move past and transform darkness, fear, worry, doubt, insecurity, depression, and feelings of worthlessness
- What he realized when many of his mother's 6 and 7-year-old students at Sandy Hook Elementary School were shot and killed in December of 2012 and why it doesn't need to take a tragedy for students to value their own life

*Please note: This is a general overview of Jeff's topics. Titles are subject to change depending on the audience. The core of these programs stay the same, but some of the content will vary or change when presented to specific age groups and audiences (graduate students, college students, high school students, middle school students, etc.). Please contact Jeff for more information.*

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## Jeff's Speaking Engagements To Date

Here is a list of some of the schools, businesses, and venues at which Jeff has spoken at so far. He sincerely hopes to include your organization's name on this list in the future!

Entitle Direct Insurance, a title insurance company based in Norwalk, Connecticut

- Jeff consulted with Entitle Direct and was paid by Entitle to run change management training seminars to Entitle's clients across Connecticut and New York. Jeff's manager Mike was so impressed with Jeff that he asked Jeff to give a time management seminar to the entire Entitle company because Jeff was able to consistently get such an absurd amount of tasks done in short periods of time.

McDaniel College, Jeff's alma mater, a small liberal arts school in Westminster, Maryland

- Jeff spoke at his graduation, discussing lessons learned from his travels around the world.

Johns Hopkins Graduate School of Business

- Jeff taught others how to master the art of customer service.

High Schools in Budapest, Hungary

- Jeff lived, studied, and worked in Budapest for an entire calendar year. During his time abroad, he actively spoke to dozens of high schools in the greater Budapest area.

Care Alliance: Seminar Training Program in East Hampton, Connecticut

- Jeff shared how to deal with hard times, bounce back from setbacks, and be a leader.

University of New Haven Graduate School, Society for Human Resource Management

- Jeff shared how to do well in school, get past difficulties, and find your dream job.

\*Please note: This list is not comprehensive and just provides a general overview. For full list of speaking engagements to date, please contact Jeff.

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## Toastmasters accomplishments:

- In 2013, Jeff became the District 18 Regional Table Topics champion for impromptu speaking. He was the youngest person in history to ever achieve this feat.
- In 2014, Jeff became the District 53 Regional International Speaking Champion. He flew out to Kuala Lumpur, Malaysia and almost became the youngest speaking champion in history, competing in front of thousands of people from across the world.
- Jeff is distinguished in Toastmasters as an advanced communicator for his exceptional speaking and communication abilities.

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## Testimonials

*“Taking 5 Johns Hopkins classes at the same time, with 3 hours of commute time each day to get to his Government job, while doing seminars on the side...and the kid wrote a book, found a publisher, and published his first book, too? Are you kidding? That’s unheard of; no one does that. Jeff Davis is a legend in his own right. I only say that because it’s true.”* – Bassam Alattar, Risk Analyst at T. Rowe Price

*“Based on Jeff’s stage presence and ability to engage listeners, I’m convinced he can connect with any audience on the planet. He’s one of the best speakers I’ve ever seen.”* – Dan Durishan, Principal, internalopenhouse.com

*“Jeff Davis is a wonderful speaker. Jeff knows how to engage the audience and bring people into his world. He is one who can enlighten people. He is entertaining, exciting, and everything you could ever want in a speaker.”* – Harvey Bailey, CEO of The One Thought

*“Jeff’s strength is painting a picture that people can relate to, understand, process, and then use for their benefit. He’s just as good, if not better, than any speaker I’ve ever seen, and I’ve seen in person many of the world champions of public speaking. From the bottom of my heart, I think Jeff is the best.”* – Judith Anne Dellosso, Youth Leadership Expert and High School Speaker

*“Jeff Davis came and spoke to my group. Wow – what a dynamic, free-flowing, and useful presentation. What I love about Jeff’s style is that he motivates, inspires, and teaches all at the same time. We’ve had speakers in the past who had some of these skills, but Jeff is the whole package. He shares excellent, practical content and is inspiring at the same time. Highly recommended.”* – Geronda Wollack, President, Society for Human Resource Management and student of University of New Haven Graduate School

*“When I first heard Jeff speak, his story uplifted and inspired me. He has a way of pulling you into his speeches and holding your attention throughout. Jeff didn’t know this at the time of his speech, but due to the death of a member of my family, I was in the dumps. His speech helped me to not give up and keep pushing forward. We are now good friends.”* – Michael Platania, Elevator Pitch Doctor

*“To call Jeff passionate is an understatement. His passion and enthusiasm is The Mountaintop. If you want professional results and a valuable speaker to speak to your team, you want Jeff Davis. He is, hands down, one of the most passionate people on this planet.”* – Nick Urso, analyst at Wells Fargo bank

*“You won’t find anyone better than Jeff Davis – that’s a fact.”* – Rob Rowse, analyst for nonprofits

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