

## Program Description

Motivation/Simplification/Productivity

### Clarify and Simplify Your L.I.F.E.

In this powerful and impactful presentation, Jeff Davis shares the skills and proven strategies needed to successfully focus in on what really matters when bringing life into sharper clarity. Taken from Jeff's experience as a working professional, corporate specialist, and graduate student, he allows students to simplify the complexities of their daily tasks in this thoughtful, easy-to-understand program. Key areas covered include:

- Powerful techniques designed to enable you to finally discover your true focus
- Streamlining work tasks, increasing productivity, and reducing stress
- Understanding the goal-setting process and taking the next steps forward
- Tricks to effective organizing that will decrease the amount of clutter in your work space
- Techniques to stay energized, joyful, focused, and motivated to complete anything
- How to achieve more in one week than most people achieve in a month or year

Jeff believes that the lack of focus in people's lives comes from a pervasive lack of clarity in regards to one's goals, tasks, and overall objectives within their organization. In this life-changing program, he discusses the ways in which you can implement these little-known secrets immediately. Jeff has learned from the top life simplification efforts in the world and applied what he has learned in many challenging work situations. He can teach you techniques that will allow you to mesh your professional goals with your organization's vision. Jeff shows that the only person really stopping you from achieving high levels of productivity is yourself. Better yet, you are closer than you ever imagined to that ideal work life that you want "someday." In fact, Jeff will help you implement a transformation in your company environment and daily tasks sooner than you ever thought possible. Someday is today.

**Value to Participants:** Members will walk away with relevant strategies designed to help them find focus, clarity, and purpose in their lives. They will know how to redirect their professional trajectory and what they need to do to permanently alter their habits in favor of synergy. Further, they will understand and be able to use practical tips and techniques to stay energized, focused, and happy during challenging situations. With less stress and more free time, members will begin to make giant leaps forward in simplifying and streamlining their life.

**Biography:** Jeff Davis, Professional Speaker, Author, and Master Strategist – is Chairman and CEO of Jeff Davis International, based in Newtown, Connecticut. Jeff effectively deals with a number of priorities at work and in his life, including customer service, marketing, analytics, account management, family, clubs, organizations, goals, and travel, while staying actively involved in his community. Through his programs Jeff teaches his clients that they are only a few steps away from finally living their most productive work life. Jeff is always learning more, having read many books on productivity and actively growing every single day. He is extremely excited to work with you and your group.